



ImagePicks

shoes that do more

These modern day tennies do everything from giving added support for the treadmill to working your entire body with each step. By Lisa Maiorana

Arch Support

Aetrex pedorthic footwear gets right to the bottom of where foot pain starts: your feet! Hitting the pavement can cause shock to your nervous system, thus creating feet, ankle, knee and lower back pain that can last the rest of your life if not taken care of properly. What Aetrex offers is three designs of footwear (dressy, trail runners and running shoes) to support the arch of your foot and create a better balance overall. The shoes boast a semi-curved snug fit for rear and forefoot freedom, a pressure relief insole for comfort and two layers of inserts for fitting flexibility. Prices range from \$100 to \$120 and are available at www.foot.com.

