



Giveaways

Enter at allyou.com for a chance to win great prizes!
 This month, All You combines style and comfort with do-it-yourself products.

* 7 READERS WILL WIN...

\$140 VALUE an impression kit from customnailsolutions.com

For a professional look and custom fit, use this kit to create your own removable, reusable set of acrylic nails—and avoid costly trips to the salon.



* 10 READERS WILL WIN...

\$100 VALUE sandals from Aetrex
 Created to provide customized comfort, these stylish sandals boast soles that conform to the shape of your feet, using memory foam. And they include built-in orthotic support.



* 20 READERS WILL WIN...

\$59 VALUE a Smooth Chopper from Tupperware

Make smoothies, dressings and sauces—all without electricity! The Smooth Chopper comes with sharp blades and a paddle whisk.



No purchase necessary. Sweepstakes begins at 12:01 a.m. Eastern time (ET) on 6/22/12, and ends at 11:59 p.m. ET on 7/26/12. See official rules on page 123.

ASK BEFORE YOU ACT

When you request a build on your services, find out if there are any fees or any time limits on how long the suspension can last.

awareness on your wires, v. sis and aren't ending service for more than six months, it won't cost you anything to suspend it.

motion sensors to turn lights on every now and then, switch those bulbs to CFLs, which last longer and use less energy.

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