



April 5, 2013

The Most Comfortable Shoes for National Walk to Work Day

Did you know that today is **National Walk to Work Day**? When walking to work, comfortable walking shoes are an absolute must. When I want a comfortable pair of shoes I reach for my new **Aetrex** sandals. These days I have the pleasure of walking into my home office in the morning. But for many years I worked in the city, and although I drove to work, affordable parking was 6-8 blocks away from my office building. There was nothing worse than wearing a pair of shoes that didn't offer enough support or caused blisters.

Did you know that 86 percent of the population arrived to work today by car, and 5 percent of the population arrived to work by public transportation?



Celebrate National Walk to Work Day

It's important to take a break and take a walk, whether it's during your lunch break or waking up a little earlier and replacing your subway commute with some nice fresh air. If you decide to celebrate this holiday, comfortable shoes are important to remember and you don't have to sacrifice your style.

Aetrex, a global leader in comfort and wellness, provides a stylish yet functional shoe which can be worn whether walking to work or a night out in the city. Aetrex shoes feature built-in orthotic support and soft memory foam to relieve pressure, offering maximum support that keeps feet healthy.



I am totally loving my new **Aetrex Marissa Sandalistas** with an adjustable ankle strap. These are the first shoes that I have owned with an ankle strap, and I love the flirty look. They are made from supple nappa leather and lamb suede with intricate cut out detailing. These shoes are just plain cute, all the way down to the fun flower detail on the soles. The sandals provide me with great comfort and support thanks to the Lynco® orthotic footbed and Memory foam cushioning. The shoes are made using Aegis® anti-microbial technology to help protect against fungi, bacteria and odor. I'm sure I'll be very thankful for this feature as we creep closer to the long hot summer months here in Georgia.



The Taupe color that I selected in these shoes is so versatile and will go with many of my summer outfits. The Marissa sandal is also available in a fun Teal color that I was super tempted to select. It would add a great pop of color to summer looks.



Aetrex has some fabulous new spring arrivals that can be found at aetrex.com, Nordstroms.com and local retailers.

How will you be celebrating National Walk to Work Day?

Disclosure: Aetrex provided me with a pair of shoes to review. No compensation was received. All thoughts expressed are my own.