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Dressing



Who says holiday dressing has to be uncomfortable? Aetrex footwear brings us its first ballet flat, the Erica, in gold metallic along with several other colors.

SHINING COMFORT

So there's a trend back to high-heel pumps and dress sandals without the platforms that, worn in moderation, have helped make heels more comfortable these last few years.

"The platform has stomped its way out of style," writes Hayden Mander in a Feb. 11 story at Refinery29.com. He quotes a Nordstrom buyer: "Now the market is switching to single sole."

All the more reason to appreciate the ballet flat, which seems to never go out of style.

Aetrex, purveyor of "comfortable yet fashionable footwear," has introduced its first ballet flat with the metallic trend that started



in the spring and has continued into fall. I tried the Erica, \$99.95 and part of the line's Essence collection, in metallic gold. Sleek and otherwise unadorned, the flats feature a Lynco orthotic footbed and memory foam cushioning. (If your size seems a bit tight, the footbed is removable.) Shoes such as the Erica would be good for holiday looks that involve pairing metallics-bearing sweaters with skinny jeans or a maxi skirt. Look for an Aetrex dealer near you at aetrex.com.